

# SUMMER WRAP UP

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## IDEAL PROTEIN WEIGHT LOSS PROGRAM

Ideal Protein Weight Loss Program was introduced into our practice in September 2010. We are proud to announce the program has been tremendously successful since it started. Currently, have over 100 patients reaping the benefits of the program, losing weight safely and effectively. Former patients have lost well over 2600lbs greatly improving their health and self-confidence.

The Ideal Protein Weight Loss Method is an easy 4-phase protocol which helps stabilize the pancreas and blood sugar levels while burning fat and maintaining muscle and other lean tissue. This protocol is also an excellent support for cellulite reduction and has been used in well over 2500 Professional Establishments in North America over the last eight years with great success. The Ideal Protein Weight Loss Method is a medically designed protocol that results in fat loss while sparing muscle mass. The protocol was developed in France 25 years ago by Dr. Tran Tien Chan, MD PhD, who focused his career and research on nutrition with a particular emphasis on the treatment of obesity and obesity related issues. On average, women lose weight at the rate of 3-4 pounds per week and men lose on average 4-7 pounds per week. With over 25 years of experience and 5 million people in Europe, Canada and the United States the program enables the following:

Quick weight loss without sacrificing muscle mass

An understanding of how food affects and is utilized by the body, including what causes fat storage

Improved skin tone by providing skin nutrients it needs

Utilization of stored fat for energy by day 4

Improved energy, appetite control and reduced cravings usually by day 4 or 5

Improved blood sugar, cholesterol levels and reduced blood pressure

**Your Last Diet– The Knowledge to Keep Pounds Off Forever!**

## VOLUME 4, ISSUE 4

## SUMMER 2011

Now available...

New Skin care product line MyBody™

Microdermabrasion, rejuvenation treatments

Dates to be announced for future

Cosmetic Open House and Diet Workshop

**Congratulations to all of our Ideal Protein patients who have completed the program and reached their goals we are so proud of all of you keep up the great work towards losing weight !**

**Much love and support-**

## COSMETIC NEWS FOR FALL 2011-2012

Non-invasive procedures are on the rise and are quick, easy treatments with little to no down time. Among the non-invasive treatments our practice offers are Botox, Juvederm, Sculptra and Latisse. We have a variety of medical grade skin care products and treatments to help keep your

skin in the best shape. Recently introduced to our office, Sculptra Aesthetic, is an injectable treatment that minimizes fine lines and wrinkles and restores facial volume. Sculptra Aesthetic works gradually restoring a more youthful appearance and has significantly greater

longevity than most fillers. If you are considering a cosmetic procedure please contact us for a consultation.

For Fall 2011-2012 we have added new products and treatments to our menu including microdermabrasion and the MyBody™ Skin Care line. For specials and promotions visit our website at [www.drkentgabriel.com](http://www.drkentgabriel.com)